



Preauthorization / Utilization Review Requirements

Coventry Workers' Comp Services HCN Preauthorization / Utilization Review Requirements

Texas House Bill 7 allows certified networks to determine which treatments must be preauthorized or submitted for utilization review. The following is the current "Preauthorization Recommendations" list for the Coventry Workers' Comp Network:

Surgery

- All surgeries
- Spine surgery for more than one level
- Artificial disc surgery
- Intradiscal electrothermal annuloplasty (IDET)
- External and implantable bone growth stimulators
- Spinal cord stimulators
- Chemonucleolysis
- Manipulations under anesthesia

Skilled Care

- Inpatient hospitalization
- Home health nursing
- Home health care/aides, physical therapy/ aides
- Skilled nursing visits
- Nursing home, skilled nursing facility, convalescent or residential care admissions

Diagnostics

- Diagnostic procedures other than x-rays (MRI, CT scan, etc.)
- Bone density scans
- EMGs/NCV testing
- Repeat diagnostics and MRIs (MRI/scan of the spine within

Physical Medicine

- Physical therapy treatments greater than 8 visits
- Occupational therapy treatments greater than 8 visits
- Aquatic therapy
- Chiropractic treatments greater than 8 visits
- Work hardening/work conditioning greater than 2 weeks
- Massage therapy
- Gym memberships
- Durable medical equipment greater than \$500
- Intraferential units
- Rehabilitation services
- Orthotic devices
- TENS units

Procedures

- SI joint injections
- Acupuncture
- Epidural steroid injections
- Facet injections
- Trigger point injections
- Joint steroid injections
- Botox injections
- Investigational or experimental procedures/



- first 4 weeks or repeat of all MRI for all body parts)
- Myelograms
- Discograms
- Neuromuscular stimulator devices

Referrals

- Dental work over \$1,000
- Psyche testing
- Psychotherapy, with social worker, psychologist or psychiatrist
- Biofeedback and pain management, initial evaluation and “full” chronic pain management programs (initial referral will not go for preauthorization)
- Weight loss programs
- Chemical dependency programs

- medications/devices
- Vax-D
- Prolotherapy
- Morphine pain pump
- RFTC or cryotherapy/cryoablation of any nerve or joint
- Radiofrequency thermocoagulation (RFTC) of facet joints

Other

- Request for long-term medications, especially narcotics
- All out-of-network referrals

When requesting preauthorization, please identify the injured worker/employees name, claim number, or other identifying information well as your status as a participating provider within the “Coventry HCN Provider” and fax the request and supporting documentation to the attention of “Preauthorization” at **1-800-353-1039**.

Note: Post-stabilization and emergency care do not require preauthorization. Referrals from the treating doctor are required. Referrals to out of network providers require network approval.